

5 ways to be forever young

Forget about going under the knife. These easy, non-invasive beauty tricks will have you looking gorgeous (and underage) in no time

Whiten



▲ Look on the bright side

Both white teeth and clear eyes convey healthiness and youth. Celeb makeup artist Nick Barose asks his clients to use Crest Whitestrips before big events.

Try: Crest Whitestrips Premium Plus (\$40, mass markets)

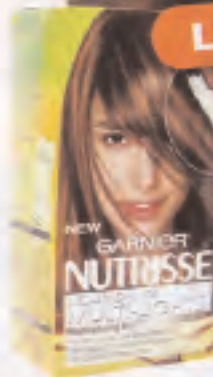
Layer



▲ Go to great lengths

"Layers bring the attention to the upper half of the face, which is like an instant face-lift," says Mark DeVincenzo of NYC's Frédéric Fekkai salon. Accentuate them with a dab of wax or pomade. **Try:** Pantene Pro-V Texturizing Sculpting Wax (\$4, drugstores)

Lighten



◀ Dare to streak

"Highlights brighten the face and add complementary contrast," says celeb hair colorist Rita Hazer. Because subtlety is key, she recommends most older women go just one to two shades lighter.

Try: Garnier Nutrisse Nourishing Multi-Lights (\$8, drugstores)

Bronze

◀ Simulate the sun

Apply a creamy bronzer to cheeks to create a youthful glow. **Try:** Almay Smart Shade Bronzer in Sunkissed 040 (\$9, drugstores)

Hydrate

▶ Plump it up

Cosmetic dermatologist Dr. Steven Victor recommends his Miracle Serum to instantly hydrate, brighten and reduce fine lines. "Skin looks younger and feels smoother," he says.

Try: Steven Victor MD Miracle Serum (\$150, Saks Fifth Avenue)

Donise Richards flaunts face-framing highlights.

save 50¢ compared to Us Weekly!

OUR SECRET

'This is I'm over

- The truth about the naked
- Why he doesn't speak to
- That wild night with LIN