

SPECIAL ISSUE ON HEALTH AND BEAUTY

Town & Country

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**LOOK
AND FEEL
YOUR
BEST—
AT
EVERY
AGE**

**TWO LIFE-
CHANGING
SPAS**

**BEAUTY
TIPS FOR
BUSY
WOMEN**

**COSMETIC
SURGERY
OUR TOP-TO-
BOTTOM
GUIDE**



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"Women come in to see me clutching magazine photos, telling me, 'I want to look like this,'" says Dr. Steven Viccaro, a New York City dermatologist. "And I say, in jest, 'Well, let's put a photo of you in the computer and use Photoshop, the way magazines and advertisers do.'"

Actress and model
Inès Sastre
in Michael Kors